

the law of INTERSTICE

SOME POTENTIALS ARE REALIZED ONLY IN THE IN-BETWEEN SPACES

1 THE URGE TO CONNECT. All that exists in our universe was once compacted in a very small seed. Then, everything in that seed flew apart in the lower dimensions—although the parts remained connected in the higher dimensions. This separation caused a desire in all of the parts to reassemble in as many ways as possible. And so began our grand adventure into the interstice.

DEEP DIVE: Where is it easy to see *yourself* in the *other*? Where—or with whom—is it hard? If the urge is so strong to rejoin the *everything* that burst forth from the original seed, why do so many of us spend a lifetime trying to differentiate ourselves? Trying to know our own purpose and the unique meaning of our life? And, if you could successfully navigate the interstice and wholly rejoin the *all that is*, are you ready to give up the separation that creates the perception of your present uniqueness and identity?

2 INTO THE TWILIGHT. Venturing into the interstice connecting *who we are now* with *who we could become* requires courage. And the willingness to walk from the illuminated and familiar spaces into the twilight—into the unfamiliar. Maybe even into the alien.

DEEP DIVE: What great possibility for your life did you back away from because of the twilight? And where have you mis-associated the unfamiliar or alien with risk—or even danger? What twilight are you most ready to venture into now, and do you have a sense of what you may be like on the other side?

3 BEYOND COMPROMISE. Every interstice is an *in-between*—a potential yoking of *one aspect* with *another*. However the gap must be filled by something or someone containing the unique properties of both sides.

DEEP DIVE: Are you trying to find common ground between two things where it can't presently exist? And if so, can you embody enough of each one to create the way in-between? Describe a situation where people are pursuing compromise instead of interstice. What's the difference between common ground and interstice?

4 HORIZONTAL AND VERTICAL SPANS. Horizontal interstices link two things existing on a *similar plane* of density—two organizations, two ideas, two methodologies. Vertical interstices link two things on *different planes* of density—the physical body and the spiritual body, a vision with a community, a feeling with an implementation strategy. Horizontal interstices draw from broad life experiences, immersion into diverse cultures, and a wide range of skills in the material world. Vertical interstices often draw from our ability to simultaneously occupy wide ranges on the spectrum of density and resonate with an array of energies.

DEEP DIVE: Describe both a horizontal and a vertical interstice that would be helpful in your life right now. In general, which are you better at creating?

5 WINDOW OF OPPORTUNITY. Just as dusk and dawn present for only brief moments in the cycle of a day, many interstices present for only brief moments in the course of our life. Because of this, it's just as important to sense *when to leap* into the interstice as it is to know *how to create one*.

DEEP DIVE. How are you developing your sense of timing? Describe two things that wanted to come together but were not able to because your attempt to bridge either preceded—or came after—the window of opportunity?

6 THE ILLUSION OF INTERSTICE. Ultimately, there is no such thing as *interstice*—it is simply a powerful illusion allowing us to experience the connectedness of that which we are not presently able to reconcile. Because of this, even the polar extremes—good and evil, masculine and feminine, the out-breath and in-breath—are all simply the *one original seed*.

DEEP DIVE: How attached are you to the merit of one—or the other—of perceived opposites? How strong is your urge to gather-in or cast-out? And what if you will only accept yourself when you eventually realize that you are a part of everything around you—regardless of how tasteful or distasteful it currently seems to you.