

TOOL: ONCE *upon a* TIME

When *your* story resonates with a *once upon a time* story, it releases power in the now. The field of energies and ideas created over time flows into the present. You become a tributary on a river that may have been built for thousands of years. Although the modern world has sophisticated forms not present in earlier times, the mythic world has power that extends through time.



WHY IT MATTERS

Stories help us interpret events that otherwise appear random. And at the highest level, they constellate events—they set up an attractive field that draws in elements consistent with the story. People and organizations with powerful mythologies are more able to architect themselves through time.

1 *What story, myth, tale, or character from a previous time most resonates with you?*

2 *How does this myth empower you? What episodes, themes, abilities, contributions, or qualities would you most like to draw into your life?*

3 *What does this myth tell you about how to relate to a current crisis, difficulty, opportunity, or other situation?*

4 *How might you strengthen your connection to this myth? This could be as simple as putting things in your physical space or traveling to the lands connected to the myth—or it could be as developed as learning how to draw down the energy and embody it through all you do in the world.*

5 *You can grow the myth by giving it new extensions and applications in the modern world. By so doing, you give it continuing life. How would you express your chosen myth differently than it happened in the past?*

6 *The meaning of a myth is in how it ends. What is the destination or end point of your myth?*